SARATOGA 100 KM POPULAIRE

CELEBRATING ENTERNATIONAL WOMEN'S DAY

PRESENTED BY: ADIRONDACK ULTRA CYCLING

KM	MILE	TRIP	DIR	MARK	DESCRIPTION	
0.0	0.0	0.3	START!	START!	ADK ULTRA CYCLING BIKE SHOP * 160 BROAD STREET * CONTROL # 01 * SCHUYLERVILLE * 10:00 - 10:00 * * HEAD SOUTH ON BROAD STREET/US 4/NY 29/NY 32 *	
0.5	0.3	1.9	R	SS	GATES AVENUE/NY 32	
3.5	2.2	1.0	R	_	DEGARMO ROAD	
5.1	3.2	3.1	L	SS	BURGOYNE ROAD	
10.1	6.3	1.6	BR	YD	CR 68	
12.7	7.9	0.2	L	SS	STAFFORD BRIDGE ROAD/CR 67	
13.0	8.1	2.2	R	_	FITCH ROAD	
16.6	10.3	0.2	BR	_	STAY ON FITCH ROAD * JCT CHAPMAN HILL ROAD *	
16.9	10.5	4.5	L	SS	NY 9P	
24.1	15.0	2.7	CTL	CTL	* STEWART'S * CONTROL # 02 * SARATOGA LAKE * 10:42 - 12:12 * ON LEFT AT LAKE ROAD * * EXIT CONTROL TO THE LEFT AND CONTINUE SOUTH NY 9P *	
28.5	17.7	1.2	R	TL	US 9	
30.4	18.9	0.5	R	TL	MALTA AVENUE	
31.2	19.4	2.2	L	_	ROWLEY ROAD * 1ST LEFT *	
34.8	21.6	0.5	L	YD	NELSON AVENUE EXTENSION/CR 64	
35.6	22.1	0.8	R	SS	STAY ON NELSON AVENUE EXTENSION/CR 64 * JCT KAYDEROSS AVENUE WEST *	
36.9	22.9	2.2	S	SS	NAME CHANGES TO NELSON AVENUE * JCT CRESCENT AVENUE * SARATOGA SPRINGS *	
40.4	25.1	0.2	R	SS	HIGH ROCK AVENUE	
40.7	25.3	0.2	BR	SS	EXCELSIOR AVENUE	
41.0	25.5	0.1	L	TL	EAST AVENUE	
41.2	25.6	0.3	S	TL	STAY ON EAST AVENUE * CROSS US 9/NY 50 * USE EXTRA CAUTION AND CROSS ONLY WITH GREEN LIGHT *	
41.7	25.9	0.3	R	SS	NORTH BROADWAY	
42.2	26.2	0.0	L	_	ENTER SKIDMORE COLLEGE CAMPUS	
42.2	26.2	0.2	L	SS	SKIDMORE COLLEGE ROAD	
42.5	26.4	0.2	S	SS	PERIMETER ROAD	
42.8	26.6	0.1	CTL	CTL	* TANG MUSEUM * CONTROL # 03 * SARATOGA SPRINGS * 11:16 - 13:09 * ON RIGHT * * EXIT CONTROL TO THE SOUTH AND RETURN TO PERIMETER ROAD *	
43.0	26.7	0.1	R	_	PERIMETER ROAD	
43.1	26.8	0.1	L	SS	TAKE CLINTON STREET EXIT OFF PERIMETER ROAD	
43.3	26.9	0.8	R	SS	CLINTON STREET	
44.6	27.7	1.3	R	SS	DANIELS ROAD	
46.7	29.0	0.8	L	TL	MAPLE AVENUE/US 9	
48.0	29.8	2.3	BR	TL	NORTHERN PINES ROAD/CR 34	
51.7	32.1	2.1	BR	_	TRAVER ROAD	
55.0	34.2	0.2	S	TL	CROSS BALLARD ROAD AND CONTINUE ON NORTH ROAD	
55.4	34.4	1.1	BL	_	BEAR LEFT BEFORE TARGET WAREHOUSE TO STAY ON NORTH ROAD	
57.1	35.5	2.8	R	SS	WILTON GANSEVOORT ROAD/CR 32	
61.6	38.3	1.3	L	_	FORTSVILLE ROAD/CR 31	
63.7	39.6	1.2	R	_	CLARK ROAD * 1ST RIGHT *	
65.7	40.8	2.5	L	_	SELFRIDGE ROAD * 1ST LEFT *	
69.7	43.3	1.5	R/L	SS/TL	RIGHT ONTO REYNOLDS ROAD/NY 197/IMMEDIATE LEFT ONTO NY 32	

BOUTE CONTINUES ON WEXT PAGE * BREVET WOTES ON WEXT PAGE

SARATOGA 100 KM POPULAIRE

CELEBRATING ENTERNATIONAL WOMEN'S DAY

PRESENTED BY: ADIRONDACK ULTRA CYCLING

KM	MILE	TRIP	DIR	MARK	DESCRIPTION	
72.1	44.8	1.2	R	TL	BLUEBIRD ROAD	
74.0	46.0	1.9	L	SS	FORT EDWARD ROAD/CR 28/MAIN STREET/US 9	
77.1	47.9	0.4	R	TL	OAKLAND AVENUE * 1ST RIGHT AFTER BRIDGE *	
77.7	48.3	0.0	R	TL	WARREN STREET	
77.7	48.3	0.0	CTL	CTL	* HYDE COLLECTION * CONTROL # 04 * GLENS FALLS * 12:18 - 15:12 * ON RIGHT * * EXIT CONTROL TO THE LEFT AND HEAD BACK TO OAKLAND AVENUE * LIMITED SERVICES LAST 18 MILES OF BREVET *	
77.7	48.3	0.4	L	TL	OAKLAND AVENUE	
78.4	48.7	0.6	L	TL	US 9/MAIN STREET	
79.3	49.3	3.9	S	TL	MAIN STREET/FORT EDWARD ROAD/CR 28 * SOUTH GLENS FALLS * * DO NOT MISS THIS TURN * LEAVE US 9 AT TOP OF HILL AFTER BRIDGE *	
85.6	53.2	9.9	R/L	TL	RIGHT ONTO NY 197/THEN AN IMMEDIATE LEFT ONTO WEST RIVER ROAD/CR 29 *	
101.5	63.1	1.9	S	SS	CROSS NY 32/NAME CHANGES TO GRANGE HALL ROAD	
104.6	65.0	1.3	L/R	SS	LEFT ONTO NY 29/THEN AN IMMEDIATE RIGHT ONTO CR 338/BURGOYNE STREET	
106.7	66.3	0.3	L	_	PEARL STREET * HALF WAY DOWN HILL *	
107.2	66.6	0.1	R	SS	SARATOGA STREET	
107.3	66.7	0.1	S	SS	BROAD STREET/US 4/NY 29/NY 32 * CROSS STREET AND USE SIDEWALK TO RETURN TO SHOP WHICH IS TO THE RIGHT *	
107.5	66.8	_	FINISH!	FINISH!	ADK ULTRA CYCLING BIKE SHOP * 160 BROAD STREET * CONTROL # 05 * SCHUYLERVILLE * 12:56 - 16:40 *	
	* SIGN BREVET CARD & SIGN-IN SHEET * TURN IN CARD TO OFFICIAL * FINISH TIME IS CALCULATED WHEN YOU TURN IN YOUR CARD *					

RIDE NOTES & RULES OF THE ROAD

OBEY ALL TRAFFIC SIGNALS. SIGNAL ALL TURNS. RIDE DEFENSIVELY. GET COMPLETELY OFF THE ROAD WHEN STOPPING.

RIDE AS FAR TO RIGHT AS SAFELY POSSIBLE AND USE THE SHOULDER WHENEVER POSSIBLE.

RIDE NO MORE THEN 2 ABREAST AND ONLY WHEN TRAFFIC PERMITS. SINGLE UP WHEN TRAFFIC APPROACHES FROM THE REAR.

USE EXTRA CAUTION IN TURNS AND ON DOWN HILLS, ESPECIALLY IF IT IS WET AND/OR DARK, OR THERE IS A CHANCE OF UNFORESEEN ICE OR LEAVES.

ALL MILEAGES ARE ESTIMATED. TRIP MILEAGE IS DISTANCE TO NEXT CUE IN MILES. TRY TO STAY TOGETHER AND RIDE IN GROUPS, ESPECIALLY AFTER DARK.

LIGHTS AND REFLECTIVE GEAR MUST BE USED BETWEEN DUSK AND DAWN, HELMETS MUST BE WORN AT ALL TIMES WHILE RIDING.

SOME TURNS MAY NOT HAVE SIGNS. PAY ATTENTION TO CUE SHEET TO AVOID BONUS MILES. IF LOST OR CONFUSED, CALL JOHN AT: 518.583.3708.

THIS RIDE MAY INCLUDE GRAVEL, DIRT OR STONE PATHS, BUT STANDARD ROAD BIKES WITH 23/25/28 MM TIRES WILL NOT HAVE ANY PROBLEMS ON THESE SECTIONS, BUT PLEASE USE EXTRA CAUTION WHILE RIDING IN THESE AREAS.

BAGELS, POCKET FOOD, SNACKS AND DRINKS WILL BE AVAILABLE AT THE START AND PIZZA, PASTA, SOUP AND/OR BREAKFAST FOOD WILL BE SERVED AT THE FINISH.

WATCH OUT FOR WET LEAVES, POT HOLES, ROAD DEBRIS, RUNOFF, ICE AND ANIMALS, INCLUDING DEER, HORSES, GOATS, COWS, SHEEP, EAGLES, GROUND HOGS, FOXES, ETC.

THIS RIDE WILL BE UNSUPPORTED ON THE ROAD. IF IT'S COLD, STAY WARM AND TAKE A BREAK IF YOU HAVE TO.

ALL MILEAGE RIDDEN IN THIS RIDE WILL COUNT TOWARD THE ADIRONDACK ULTRA CUP.

THIS IS NOT A RACE AND IS MEANT TO BE A CHALLENGING, BUT FRIENDLY, FUN, SOCIAL RIDE, SO BE CHALLENGED AND HAVE FUN!

CODE KEY

BL: BEAR LEFT	FL: FLASHING LIGHT	S: GO STRAIGHT	TL: TRAFFIC LIGHT
BR: BEAR RIGHT	L: LEFT TURN	NY: STATE ROUTE	US: UNITED STATES ROUTE
CR: COUNTY ROUTE	R: RIGHT TURN	SS: STOP SIGN	YD: YIELD SIGN

EMERGENCY PHONE NUMBERS

RIDE LEADER: JOHN CECERI: 518.583.3708 | HOME BASE (KATHY): 518.587.7801 | EMERGENCY: 911

WWW.ADKULTRACYCLING.COM